**Ithaca A/B Adult Hockey 2023-24: Disciplinary Code**

Version 1: 10/1/23

If you have questions or comments regarding this discipline document or general league rules, please contact the A/B board at [ab\_board@googlegroups.com](mailto:ab_board@googlegroups.com).

**General:**

To introduce the code of conduct, several rules specific to the Ithaca A/B league are emphasized:

1. Every player must wear a cage or full shield. No visors.
2. No body-checking. Contact is inevitable, but no hitting to separate people from the puck or otherwise.
3. Exercise judgement when taking slapshots. Avoid high slapshots into traffic. Dangerous plays may be penalized.

**Disciplinary committee:**

A subset of the A/B board will review major disciplinary incidents and infractions. This group will include:

Alex Hayes, League Commissioner

Dylan McCrink, Team A Representative

Louis Russell-Cook, Team B Representative

Suan Yong, Team C Representative

Michael Abdulky, Team D Representative

Kevin Broderick, Team E Representative

Matt Hobbs, Goalie Representative

**Disciplinary Reviews:**

A review will be initiated whenever a game sheet indicates any game ejection or misconduct

penalty.

A review can also be requested by any league participant when he or she feels a player has acted too aggressively or in an otherwise inappropriate manner, even if no penalty was recorded.

To request a review, email the committee at [ab\_board@googlegroups.com](mailto:ab_board@googlegroups.com).

Include details of the incident and the names of others who can corroborate your complaint.

Anonymous reports will not be reviewed.

Accused players will be given an opportunity to comment on more severe infractions, such as those possibly warranting multiple-game suspensions.

Referees are contacted to obtain their perspective of each incident.

**Infraction Penalties:**

We have classified these infractions into several degrees of seriousness. As necessary, we will add to the list. We understand this is not a complete list of infractions.

Note that suspensions will carry over into the following season.

If a substitute player is involved, rather than trying to figure out when the player would have played again, we will simply double the total suspension (USA hockey + additional suspension).

All recommended penalties listed are in addition to any required USA Hockey suspensions:

**Additional One Game Suspension:**

* Third and subsequent game ejections because of four penalties in one game.
* Continued verbal abuse of official after adequate time to diffuse

**Additional Two Game Suspension:**

* Sucker punch
* Flagrant two-handed slash
* Fight instigator
* Third and subsequent players interfering with a fight, if the involvement causes the fight to escalate.
* Leaving the bench during a fight
* Leaving the crease to join a fight

**Additional Three Game Suspension:**

* Hit-from-behind into the boards or net
* Spear
* Butt end
* Kick
* Head contact
* Excessive unforced body contact with a goaltender, such as charging or checking
* Threatening or making contact with an official

**Additional Four Game Suspension:**

* Fighting

**Season Suspension** - Player must meet with the Board to request reinstatement prior to submitting an application for the next season:

* Wayne Maki/Marty McSorley type stick swinging
* Flagrant intent to injure
* Injury to a player or official as the result of any of the above infractions, if the action is deemed deliberate or reckless
* Second penalization for any of the above infractions in the same season.

The Board may impose a season-long or extended suspension for repeat offenses that occur over multiple seasons.